



FOOD MENU

STARTERS

Caesar Salad



\$18

Romaine lettuce, boiled egg, parmesan, Caesar dressing, toasted garlic croutons

Nutritional Facts: Calories: 332.6 | Total Fat: 24g | Total Carbohydrates: 11.6g | Protein: 18.1g

Crispy Garden Salad



\$15

Mix lettuce, cherry tomato, red radish, marinated olives, carrot, mix bell pepper, cucumber

Nutritional Facts: Calories: 124.2 | Total Fat: 8g | Total Carbohydrates: 13.2g | Protein: 2.2g

Nachos



\$18

Corn chips, cheddar cheese sauce, sour cream, tomato salsa, guacamole

Nutritional Facts: Calories: 451.9 | Total Fat: 25.9g | Total Carbohydrates: 50.3g | Protein: 8g

Vegan Wrap



\$22

Braised masala spiced beans, mix green vegetables, hummus, quinoa, greens tortilla

Nutritional Facts: Calories: 320.7 | Total Fat: 9.5g | Total Carbohydrates: 51.1g | Protein: 8g

Vegetable Paratha Roll



\$22

Mix vegetable, mix lettuce, onion, Indian spices, chat masala chickpea dip

Nutritional Facts: Calories: 355.1 | Total Fat: 22.6g | Total Carbohydrates: 34.4g | Protein: 6.1g



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Chicken Tikka Paratha Roll \$22

Chicken tikka, iceberg lettuce, onion, tomato, green chili, coriander, curry mayonnaise

Nutritional Facts: Calories: 414 | Total Fat: 18.9g | Total Carbohydrates: 37g | Protein: 24g

Mini Beef Pies \$20

Minced beef pies, short crust pastry, ketchup, mustard

Nutritional Facts: Calories: 416.1 | Total Fat: 23.6g | Total Carbohydrates: 30.1g | Protein: 22.1g

Sausage Rolls \$20

Pork sausage rolls, filo pastry, ketchup, mustard

Nutritional Facts: Calories: 454.5 | Total Fat: 28.5g | Total Carbohydrates: 27.1g | Protein: 20.7g

BAGELS SANDWICH

Salmon Classico \$30

Classic Smoked salmon & Cream cheese

Nutritional Facts: Calories: 641.14 gm | Total Fat: 21.27 | Total Carbohydrates: 86.67g | Protein: 23.68g

BBQ Beef & Cheese \$30

BBQ pulled beef, Cheddar cheese, rucola, sweet potato chips

Nutritional Facts: Calories: 807 gm | Total Fat: 36.5g | Total Carbohydrates: 86.16g | Protein: 36.5g

Maldivian Twist \$25

Spicy Maldivian Tuna & egg, kopee leaf

Nutritional Facts: Calories: 807 gm | Total Fat: 36.5g | Total Carbohydrates: 86.16g | Protein: 36.5g



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Classic BLT



\$20

Bacon, lettuce, Tomato, avocado

Nutritional Facts: Calories: 763 gm | Total Fat: 34.08g | Total Carbohydrates: 87.49g
| Protein: 26.88g

Asian Coriander Chicken



\$25

Garlic chicken, coriander spread, Asian slaw

Nutritional Facts: Calories: 945.9 gm | Total Fat: 34.4g | Total Carbohydrates: 117g |
Protein: 40.1g

Classic Caprese



\$35

Basil pesto, marinated tomatoes, bocconcini, fresh basil, EVOO

Nutritional Facts: Calories: 697.59 gm | Total Fat: 29.12g | Total
Carbohydrates: 88.02g | Protein: 19.12g

Veggie Delight



\$20

Vegan yogurt spread, mesclun lettuce, avocado, pickled onion slaw

Nutritional Facts: Calories: 595.1gm | Total Fat: 19.61g | Total Carbohydrates: 93.94g |
Protein: 23.68g

SANDWICHES

Club Sandwich



\$25

Toasted white bread, mix lettuce, tomato, pork bacon, roasted pulled chicken, fry egg, spicy mayonnaise sauce, fries, ketchup, aioli

Nutritional Facts: Calories: 871.7 | Total Fat: 55.9g |
Total Carbohydrates: 48.9g | Protein: 40g

Toasted Tuna Melt



\$25

Rye bread, yellow fin tuna, spring onion, lime, tarragon, lemon zest, tomato, Dijon mustard, cheddar cheese, fries, ketchup, aioli

Nutritional Facts: Calories: 589.8 | Total Fat: 35.5g |
Total Carbohydrates: 43.8g | Protein: 24.9g



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Roast Vegetable Toasted Sandwich



\$25

Onion, bell pepper, mushroom, eggplant, rye bread, cheddar cheese, fries, ketchup, aioli

Nutritional Facts: Calories: 550.7 | Total Fat: 37.3g |
Total Carbohydrates: 42.7g | Protein: 12.9g

DESSERTS

Mix Berry Pudding



\$22

Frozen mixed berries, sliced bread

Nutritional Facts: Calories: 683.4 | Total Fat: 15.9g |
Total Carbohydrates: 116.4g | Protein: 26.4g

Carrot Cake



\$22

Carrot, walnut, cream cheese

Nutritional Facts: Calories: 296.8 | Total Fat: 18.7g |
Total Carbohydrates: 24.6g | Protein: 8.7g

Oreo Cheesecake



\$22

Chocolate, cream cheese, Oreo biscuits

Nutritional Facts: Calories: 704 | Total Fat: 44.9g |
Total Carbohydrates: 65.6g | Protein: 10.1g

Ice Cream



\$15

Vanilla, chocolate or strawberry (3 scoops)

Nutritional Facts: Calories: 338.2 | Total Fat: 4.2g |
Total Carbohydrates: 4g | Protein: 72g

Fresh Cut Fruit Plate

\$15

Watermelon, papaya, pineapple, honey melon

Nutritional Facts: Calories: 58.3 | Total Fat: 0.3g |
Total Carbohydrates: 14.7g | Protein: 0.9g



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