

TONIC

Jamu* 6

Fresh Tumeric, Fresh Lemon Juice, Tamarind Paste, Honey, Hot Water.

Reduce the period by improving brain chemistry, Inhibiting endometriosis, Reduce inflammation in women with PCOS, Relieve symptoms of menopause such as mood swings and weight gain.

Ocha* 5

Green tea, Matcha Powder, Cloves, Honey, Hot Water.

Green tea contains anti-oxidant may provide protective effects against obesity, diabetes, and cardiovascular diseases.

Dok Anchan Tea* 8

Butterfly pea, Lemongrass, Ginger, Fresh Lemon Juice, Honey.

The earthy flavour of butterfly pea is may improve a mood enhancer. May to have stress-busting effects that may also help reduce symptoms of anxiety. It is also known to bolster energy levels and stamina.

The Standard Tea* 6

Fresh Ginger, Rosemary Leaf, Black tea, Cardamon, Hot Water.

May reduce the inflammation, immune booster, aids digestion, contain anti-oxidants, prevents cancer, and increase your energy level.

Into The Earth 7

Fresh Beetroot Juice, Fresh Carrot Juice, Rhubarb Leaves, Fresh Ginger.

May help relieve constipation by stimulating the metabolic system. The phyto-nutrients in these veggies help improve digestion due to the presence of fiber that helps keep the gut healthy. The flavourful combination also helps balance the blood sugar levels.

Pink Smoothies 15

Fresh Pink Dragonfruit, Fresh Mango, Low Fat Yogurt, Honey, Granola.

High nutrient in dragonfruit and mango may help fight chronic disease, may boost low iron levels, immune booster, promotes your healthy gut, and packed with fiber.

Fehi Joos 15

Fresh Cucumber Juice, Fresh Green Apple, Celery Leaves, Parsley, Ginger, Fresh Lemon Juice, Honey.

Cleanse, detoxify your body and restore the balance between acidity and alkalinity to prevent disease and health problems. Reduce your daily caffeine intake by replenishing your energy naturally. Fehikula joos provides just the right balance of water and minerals to increase your body's overall hydration, which can help with anything from skin itching to brain fog to reducing sugar cravings, and improving your overall hydration can help you eat a more balanced diet.

*Available in hot or cold

Prices in USD, included service charge & GST
Menu & prices are subject to change